



SUMMER MENU ALLERGEN GUIDE - IMPORTANT INFORMATION

If you have a question, food allergy or intolerance, please let us know before placing your order. Food is prepared in an area where other allergens are present and our menu descriptions do not list all ingredients.

29 JUNE 2020

v vegetarian, vo vegetarian option available, vg vegan, vgo vegan option available

STARTERS & SHARERS

Soup of the day **vg**

Contains: Celery, Gluten (Wheat)

Smoked salmon & prawn Marie Rose salad

Contains: Eggs, Gluten (Wheat), Crustaceans, Fish, Sulphites, Milk

Beef chilli nachos

Contains: Sulphites, Gluten (Wheat), Milk

Chicken wings

Contains: Sulphites, Soya

Baked camembert

Contains: Gluten (Wheat), Milk, Sulphites

Tempura king prawns

Contains: Fish, Crustaceans, Sulphites

MAINS

Beer battered haddock

Contains: Gluten (Wheat), Eggs, Fish, Sulphites

Today's pie

Contains: Gluten (Wheat), Eggs

ASK FOR TODAY'S ALLERGENS

14oz gammon steak

Contains: Eggs

8oz sirloin steak

Contains: Milk, Sulphites, Mustard, Gluten (Wheat), Celery

Pan fried chicken supreme

Contains: Milk, Celery, Mustard

Roast red pepper, grilled aubergine & cous cous salad **vg**

Contains: None

Classic Caesar salad

Contains: Fish, Egg, Gluten (Wheat), Sulphites

Cauliflower katsu curry **vg**

Contains: Peanut

Pan fried fillet of sea bass

Contains: Milk, Fish, Sulphites

Add chicken

Contains: None

Add grilled halloumi

Contains: Milk

Add sea bass

Contains: Fish



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BURGERS

6oz beef burger

Contains: **Gluten (Wheat), Eggs, Mustard, Sulphites, Milk**

Crispy Cajun coated chicken burger

Contains: **Gluten (Wheat), Eggs, Milk, Mustard, Sulphites, Milk**

Quorn burger vg

Contains: **Gluten (Source Unknown), Mustard, Sulphites**

Anchor burger

Contains: **Gluten (Wheat), Eggs, Mustard, Sulphites, Milk**

BURGER TOPPINGS

Smokey bacon

Contains: **Sulphites**

Fried egg

Contains: **Egg**

Mature cheddar

Contains: **Milk**

Pineapple

Contains: **None**

SIDES

Beer battered onion rings v

Contains: **Gluten (Wheat), Sulphites**

Skinny fries vg

Contains: **None**

House salad vg

Contains: **Mustard, Sulphites**

Garlic bread v

Contains: **Gluten (Wheat), Milk**

Coleslaw v

Contains: **Eggs, Mustard, Sulphites, Milk**

Buttered green beans v

Contains: **Milk**

Hand cut chips vg

Contains: **Gluten (Wheat)**

Grilled halloumi v

Contains: **Milk**